

The Grindleford Gallop 2019: Final details

The following information is also available on the Gallop website:

<http://www.grindlefordgallop.co.uk/>

Travel to Grindleford

Please car share if possible or come by public transport, as parking still remains limited in the village.

Parking

Please where possible shares lifts, and use public transport to ease the additional congestion in the village.

As before we've have some additional car park space for this year's event, however **IT MAY TAKE YOU 15-20 MINUTES TO WALK TO REGISTRATION** - please take this into consideration and arrive earlier. Also bear in mind that everyone plans to turn up 30 mins before the start!

The additional parking areas are highlighted in the attached map and summarised below:

Car parking facilities - all these areas will be marshalled

1. Sir William Car Park on Sir William Hill
2. Padley Road and Maynard Road
3. Station Approach – however this is now pay and display (£2 for the whole day)

A map of these details can be [found here](#).

There is also the usual car parking available on the road through the village. Please can you ensure that you park respectfully, and do not break the Highway Code. The police have said they will issue tickets if cars are illegally parked. Do not leave valuables visible as this may be an invitation to thieves.

Please park considerately to other people in the village. Consider driveways and traffic flow. Please park as close as possible to maximise space.

Registration

Walkers and runners will need to register before starting the event. All competitors will be issued with their entry number and RFID wrist band. Please take care not to lose your wrist band, any lost bands will incur a £2 charge.

Kit Storage

As before, we will be providing a location for kit storage, all kit will be left at your own risk and the Gallop will have no liability towards any loss. This will be inside a marquee, anyone from the organising team will be able to direct you towards this on the day.

Equipment

The weather isn't expected to be as harsh as last year however it is still early March. In the light of this we recommend that you expect the worst and **run with full FRA kit – i.e. full waterproof body cover, hat, gloves, compass, whistle, map and emergency food.**

Please come prepared. We reserve the right to refuse entry to any entrants that we don't believe are adequately equipped.

Please DO NOT consider running the course in road shoes, the ground is very wet and slippery underfoot and it would be dangerous to attempt to do so.

Hydration

We sent out an e-mail last year and posted on Facebook about this already, but wanted to remind everyone again, this year we will not be providing any cups for water at the feed stations. You will be expected to carry your own cup to get water at the stations. You will be able to fill other things such as water bottles at these stations also. Please be patient and polite to our volunteers when filling up your water bottles, they will be working as fast as they can.

The Course

The course remains the same as last year with the one minor alteration introduced in 2018, as the route as climbs up onto Longstone Edge – additional details about this will be at the start. Please remember the course is a fixed route and anyone found to be taking short cuts between checkpoints will be disqualified. There is a map and detailed route description on the website.

There are a number of walls with stiles around the route that can suffer from the cold weather on the route and may lose some of their stability. Please take care when using any of these and if they are in anyway damaged and there's a gate you can use instead, please use it and make sure you close it behind you. We do not want to jeopardise the future of the event by competitors damaging landowners property.

This route is only a partially marked route and competitors should ensure they have a map and compass. There are no signs through the Chatsworth Estate.

For those entered as runners, the **start is at 10am**. Those entered as walkers can start anytime between **7am and 9.30am**. Please do not register as a runner, then start early: it will lead to disqualification.

Please note the closing times for the following checkpoints:

Checkpoint 2, White Rake, will close at midday – also doesn't open until 8:30am for those walkers moving too fast.

Checkpoint 4, Hassop, will closes at 1pm

Checkpoint 6, Baslow, will close at 3pm

If you arrive after this time, the marshals will have left and there won't be any refreshments!

The event officially finishes at 5pm, **if you believe you are going to finish after this time please contact the organisers on one of the numbers below.**

Study the course well and where possible take a mobile phone with the emergency Gallop phone numbers.

Please, no dogs on the course as it is lambing and nesting time.

Contacting the organisers on the day

If you need to contact the race organisers on the day you can reach them on either: **07961054144 (Ayshea) or 07956874984 (Ed)**. These phones will be switched on at 6:30am on race day.

Litter – Please ensure that you are careful when discarding your litter, especially gels wrappers – take them home with you or drop them off at a manned checkpoint. We don't want to be known for adding any more litter to the Peak District.

Results

The results will be displayed after the race online. The final race results will be displayed in the Pavilion and posted on the website.

Sponsors

Alpkit - As with last year, this year the Grindleford Gallop prize sponsor is Alpkit; the outdoor gear company. Alpkit are committed to developing honest, great value, well thought through outdoor equipment. Go nice places, do good things.

You can view all of their gear here <https://www.alpkit.com/>

Hassop Station Café - We'd also like to add a special thank you to the Hassop Station Café for their continued support and assistance. If you've got friends and family looking for somewhere warm to stop for a drink or slice of cake whilst they cheer you on, this would be the ideal place to go:

<https://www.hassopstation.co.uk/cafe/>

Breedon Cement - This year the Grindleford Gallop number sponsor is Breedon Cement; a key local employer in the local community.

Sir William Pub - We would also like to thank The Sir William Pub, Grindleford, for making the soup. If you fancy a hearty meal and a pint once you finish they're just around the corner. We'd also like to thank them for the use of their parking facilities this year.

Grindleford Gallop 2019 Team